



Canadian web video show commandN first to release HD content

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Toronto, November 16, 2005 - Canada's most downloaded tech video Podcast will release a special high-definition (HD) segment on November 17 featuring Mozilla's Mike Shaver, making it the first vidcast to release content in the HD format.

CommandN, hosted by Amber MacArthur and Mike Lazazzera from G4techTV's *Call for Help*, is a weekly technology news show released online every Monday. Having just completed its 22nd episode, commandN has generated more than two million downloads worldwide since its debut in June 2005.

The show is filmed in various locations around Toronto and began with Amber and Mike filming in a park with an Apple iSight and PowerBook. Jeff MacArthur produces a special segment each week from Halifax, N.S., as well as co-hosting bi-monthly when in Toronto, and Brian McKechnie is in charge of all aspects of production and also contributes occasional segments.

All production costs are funded out of pocket by the commandN team, although they do receive support from web hosting companies SM Unique, Pro Gamer Hosting, and VizaWeb that has allowed them to release the show for free every week.

"CommandN plans to continue releasing HD content, as well as interviewing important people within the tech, web, and entertainment industries," says Amber of the show's future plans.

Viewers can subscribe to commandN through the iTunes Music Store or download it at www.commandn.tv.

CommandN is also involved with the techTV Holiday Meet-up (www.techtvholidaymeetup.com), where fans can mingle with various people within the tech industry from across North America. The event takes place December 15 at No Regrets Restaurant and Lounge, 42 Mowat Avenue, Toronto.

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